

**United States Soo Bahk Do Moo Duk Kwan Federation Inc.
Application for Gup Promotion**

Testing Date: ___/___/___ Studio Certification No: **SB1 / SB478**
 Gup Membership No. _____ Expiration Date: ___/___/___
 Name of Studio: **Hwang Soo Bahk Do**
 Name: _____ Male ___ Female ___
 Address _____
 Date of Birth ___/___/___ Telephone () _____
 Occupation _____ Education Level _____ Date of Entrance ___/___/___ Date of last promotion ___/___/___ Present Rank _____
 Applicant's Signature: _____
 Parent's Signature (if under 18) _____

TO BE COMPLETED BY INSTRUCTOR:

Recommended by (Instructor) **H.C. Hwang** Rank **9th** Dan No. **509**
 Point System: Average score of 9.0 or above: 2 level promotion
 Average score of 7.0 or above: 1 level promotion
 Average score below 7.0: Fail

*AVERAGE SCORE is determined from taking an overall average of:
 1) Average score from Soo Gi 3) Average score from control
 2) Average score from Jok Gi 4) Each score from each hyung
 5) Each score from 1 step spar, Free Sparring, Self-defense, Breaking and Terminology

Mail all correspondence to: PO Box 76
 Short Hills, NJ 07076

I recommend promotion of this student to ___ Gup. Average Score ____.
 Signature(s) of Examiner(s) and ID #

1. _____ 29822 _____
2. _____
3. _____
4. _____
5. _____

Soo Gi	Score	Jok Gi	Score	Hyungs	Score	Others	Score
Low Bock/Tuel Oh		Front High Kick		Basic Form #1		1-step Sparring ☺ ☺	
Middle Punch/Tuel Oh		Front Snap Kick		Basic Form #2			
High Punch / Tuel Oh		Side Snap Kick		Basic Form #3		Self-Defense ☺ ☺	
Inside/outside block/T.O.		Roundhouse Kick		Pyong Ahn Cho Dan			
Outside/inside block/T.O.		Back Snap Kick		Pyong Ahn Sam Dan		Free Sparring	
Side Punch		Inside/Outside Snap Kick		Chil Sung Il Ro			
Side Block		Outside/Inside Snap Kick		Chil Sung E Ro			
X Low Block		Side Hook Kick		Chil Sung Sam Ro		Term+Demo	
2 Fist Hu Gul Block		Back spinning Kick (short)		Yuk Ro Cho Dan		Yong Gi	
2 Fist Chun Gul Block		Back spinning Kick (long)				Chung Shin Tong Il	
Soo Do Low Block		Front Jump Kick				In Neh	
Soo Do Middle Block		Side Jump Kick		Terminology		Chung Jik	
Soo Do High Block		Roundhouse Jump kick				Kyum Son	
Spear Hand /Tuel Oh		Jumping inside/outside snap kick				Him Cho Chung	
Soo Do Strike/ Tuel Oh		Jumping outside/inside snap kick				Shin Chook	
Yuk Soo Do Strike		Jumping back snap Kick				Wan Gup	
Yuk Jin Kong Kyuk							
Hand Combinations		Foot Combinations		Breaking		Ten Articles of Faith	
#1		#1		Elbow		Loyal / Country	
#2		#2		Step Side		Obedient - P/E	
				Back		Loving - H/W	
				Jump Side		Cooperative - B	
				Jump Round		Respectful-Elders	
Kap Kwon				Side Hook		Faithful -Teacher	
Jhang Kap Kwon				L - Back Spinning		Faithful - Friends	
KwonDo						Face Combat	
Jhang Kwon Do						Never Retreat	
						Always Finish	
				Examiners Notes:			
		Hand & Foot Combinations					
		#1					
		#2					
		#3					