

Fall Schedule

September 7, 2010 to December 30, 2010

Hwang Karate

20 Millburn Avenue
Springfield NJ - 07081
(973)467-3939
www.hwangkarate.com

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		11:30 to 12:30	Adult/Youth			11:30 to 12:30	Adult/Youth			9:00 to 9:30	Mommy / Daddy and Me
4:00 to 4:45	Children White Children Orange	4:00 to 5:00	Children Green Children Red	4:00 to 4:45	Children White Children Orange	4:00 to 5:00	Children Green Children Red	4:00 to 4:30	Tots	9:15 to 10:00	Special Needs
5:00 to 6:00	Children Green Children Red	5:00 to 5:45	Children White Children Orange	5:00 to 6:00	Children Green Children Red	5:00 to 5:45	Children White Children Orange	4:30 to 5:30	Children All Ranks White Orange Green Red	10:00 to 10:45	Children White Children Orange
5:00 to 6:00	Ener-Gi Class (Invitation Only) **Main Studio**										
6:00 to 7:00	Youth	6:00 to 6:45	Special Needs	6:00 to 7:00	Youth	6:00 to 6:45	Special Needs	5:15 to 6:00	Special Needs	10:45 to 11:30	Children Green Children Red
7:00 to 8:30	Adult Class	7:00 to 8:00	Adult Class	7:00 to 8:00	Adult Class	7:00 to 8:00	Adult Class	6:00 to 7:00	Adult/Youth	11:30 to 12:30	Adult Class Seasoned Adult
				7:00 to 8:00	Seasoned Adult						

Additional Training Opportunities	Instructor / Assistants Training & Development
Ener-Gi Class	4th Wednesday of the month
Leadership Class	6:00 to 7:00
Masters Class	Jo Kyo, Kyo Sa, and Sa Bom
Character Development and Life Skills Class	Training Certification & Maintenance
Additional Membership Fees Apply	

Head Instructor:	Paul Del Sordo
Occupational Therapist:	Wendy Simmons
Physical Therapist:	Michelle Hilzenrath
Child Psychologist:	Christopher Loggia