



## Hwang Soo Bahk Do Application for 1<sup>st</sup> Gup Evaluation

Evaluation Date: \_\_\_\_\_ Gup Membership #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
 Name of Studio: \_\_\_\_\_ Studio Cert #: \_\_\_\_\_  
 Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Telephone ( ) \_\_\_\_\_ Date of Entrance: \_\_\_\_\_  
 Date of last promotion: \_\_\_\_\_

Soo Gi	Score	Jok Gi	Score	Hyungs	Score	Il Soo Sik Dae Ryun		Score
Low Block/Tuel Oh		Straight Upward		Chil Sung Il Ro		Adults: 1-18 (all)	Children: 1-11 (odd)	
Middle punch/Tuel Oh		Front Snap Kick		Chil Sung Sam Ro				
High Punch/ Tuel Oh		Side High Kick		Yuk Ro Cho Dan		<b>Ho Sin Sul</b>		
High Block / Tuel Oh		Side Kick		<b>CHILDREN</b>		<b>Adult (all)</b>	<b>Children (any 1)</b>	
Inside/outside block / Tuel Oh		Roundhouse		Chil Sung Il Ro		Cross Hand	Cross Hand	
Outside/inside block / Tuel Oh		Back Kick		Chil sung Sam Ro		Same Side	Same Side	
Side Punch		Inside/outside snap kick		<b>OPTIONAL HYUNG</b>		2 on 1	2 on 1	
Side Block		Outside/inside Kick		Passai		2 on 2	2 on 2	
X Low Block		Side Hook Kick		Nai Han Ji Cho Dan		Side Grips	Side Grips	
2 Fist Hu Gul Block		Front Push Kick				Back Grips	Back Grips	
2 Fist Chun Gul Block		Short Back Spinning				Jae Yu Dae Ryun		
Soo Do Low Block		Long Back Spinning				<b>Kyok Pa</b> E Dan Dwi Cha Gi or Yeon Soo Combination		
Soo Do Middle Block		Jump Front Kick				<b>General Term.</b>		
Soo Do High Block		Jump Side Kick				<b>En Nae - Punches</b>		
Spear Hand/Tuel Oh		Jump Roundhouse				<b>(30 seconds 120 reps)</b>		
Soo Do Strike/Tuel Oh		Jumping inside/outside				Eye Focus Control		
Yuk Soo Do Strike		Jumping outside/inside				Balance Control		
Yuk Jin Kong Kyuk		<b>Jump back kick</b>				Breathing Control		
Kwon Do Kong Kyuk						Tension & Relaxation		
Jhang Kap Kwon						Speed & Power		
						Timing		
<b>Hand Combinations</b>		<b>Foot Combinations</b>				Distance Control		
						<b>8 Key Concepts</b>		
						<b>10 Articles of Faith</b>		
Evaluation # _____								

**\$55.00 evaluation fee, \$40.00 when submitted at least 3 days in advance of evaluation date**